

Wall Yin Posizioni



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Quadricipite -
Flessori dell'anca

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Glutei

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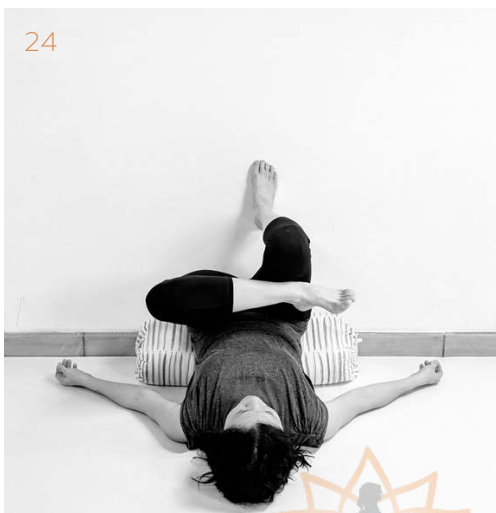
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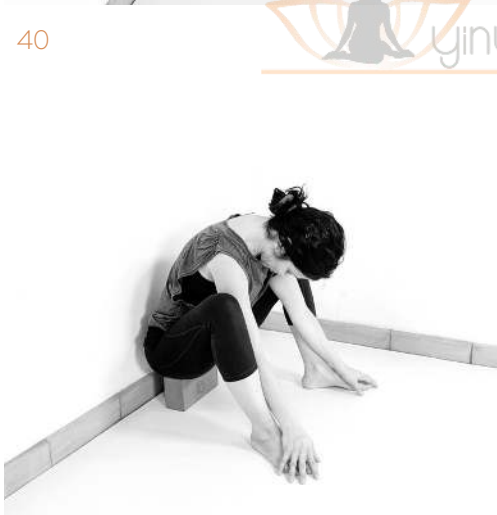
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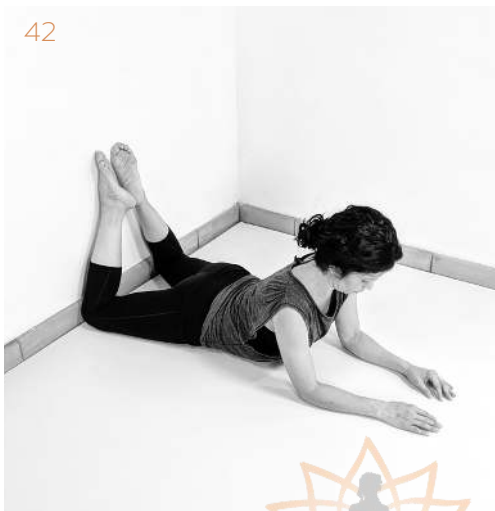
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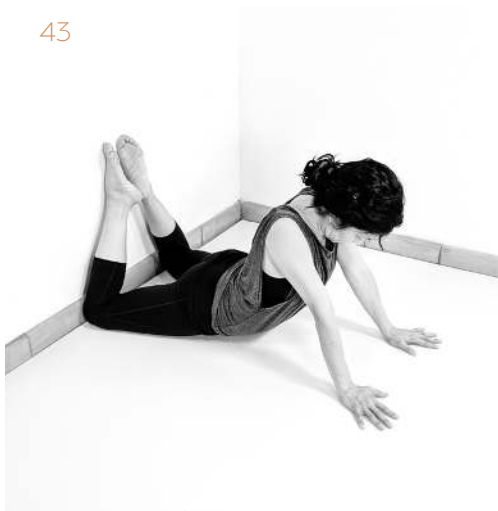
Retto dell'addome

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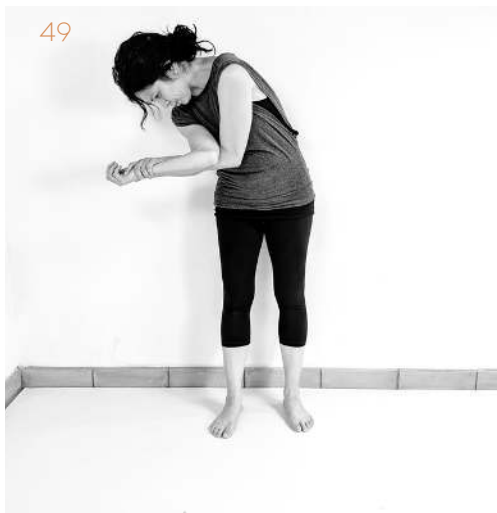
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